

2025 EATING HABITS SURVEY RESULTS

127 pupils in total have answered the survey about	5°1 (out of 28)	5°2 (out of 28)	5°3 (out of 24)	5°4 (out of 22)	5°5 (out of 25)
Sport (regularly)	71 %	96 %	88 %	77 %	72 %
Fast-food	25 %	78 %	42 %	95 %	92 %
Breakfast (Yes/No)	89 % yes	96 %	79 %	81 %	88 %
Healthy breakfast	35 %	50 %	42 %	40 %	84 %
Vegetables and fruit per day or regularly	64 % %	82 %	67 %	100 %	44 %
Time in front of a screen per day	57 %	71 %	4 %	90 %	60 %
Meat and alternatives	46 %	28 %	100 %	90 %	82 %
Cans of sodas	21 %	45 %	46 %	13 %	64 %